



New Year Challenge
Vincennes YMCA
Benefits YMCA Family Programs
Indoor Triathlon

Saturday, February 20

Time: 8 AM—6 PM
Participants will start in assigned waves. Arrive 30 minutes early.

Ages: 16+

Registration Deadlines:
Feb. 6: Last day to register without late fee.
Feb. 13: Last day to register.

Entry fees:
\$30—YMCA Members
\$35—Non-Members
\$5— Late Fee

The event:
15-minute swim in pool
10-minute transition
15-minute bicycle on spinning bike
5-minute transition
15-minute run on treadmill

Prizes

- YMCA Membership for overall winners
- T-shirts for all participants
- Healthy refreshments

For Information, Contact:

Bill Davis or Jen Holscher
812.895.9622 or
info@vincennesymca.org



To Register:

- Stop by the YMCA Front Desk
- Mail form & payment: Vincennes YMCA
2010 College Ave
Vincennes, IN 47591
- Register Online:
www.vincennesymca.org
Call 895-9622 with shirt size

Name _____

Address _____

Gender DOB Age on race day

Phone _____

E-mail _____

Waiver: In consideration of my participation in the activities of the Vincennes YMCA, I do hereby agree to hold free from any and all liability the Vincennes YMCA and all parties involved in the Trotting Turkeys event, do hereby for myself, my heirs, executors and administrators, waive, release and forever discharge any and all rights and claims for damages or injuries which I may have or which may hereafter accrue to me arising out of or connect with my participation in any of the activities of the Vincennes YMCA. I hereby do declare myself or my child to be physically sound to participate in this event. I agree photographs become exclusive property of the YMCA..

Signature _____ Date _____

Signature of parent or guardian if under 18 years of age. _____ Date _____

T-Shirt Size:
Adult: S M L XL 2XL